

GENERAL FAQ'S

If I am pregnant and previously vaccinated, am I eligible and/or is it recommended to receive a COVID-19 vaccine booster?

We do not yet know what the workflow will be for the vaccine boosters for pregnant patients. After Sept 20, 2021, boosters will likely be offered to the general public and we believe pregnant patients will be included in that. Once we have this definitive guidance, we will share it with our patients. Currently, the recommendation from the CDC and FDA for immediate boosters is only for those with health conditions that would be considered as moderately to severely immunocompromised (pregnancy alone does not fall in those categories). If you think that you may have a condition that would qualify you for a booster, please check with your Maternal-Fetal Medicine, Obstetric, or Primary Care provider. Please go [here](#) for further information regarding the CDC's statement on booster shots. If you qualify for the booster, you can obtain it through your local pharmacy at this time and do not need a doctor's note for the attestation you will be asked to complete.

If I am pregnant, is it okay to travel?

We continue to recommend that pregnant patients avoid non-essential travel to avoid the increased risk of COVID-19 exposure, regardless of your vaccination status. However, if you decide that the benefit of travel outweighs the risk, then we recommend adhering to physical distancing, mask-wearing and frequent handwashing. Consider eating outdoors as much as possible, avoiding large public gatherings, and using a private car/transport instead of mass transport when possible as well. Please review the CDC's recommendations [here](#) on travelling as safely as possible during the pandemic. Additionally, there are certain destinations where the risk is greater as well, both domestically and internationally. The CDC has travel recommendations by destination [here](#).

If I am pregnant, am I eligible for an excusal to work from home due to COVID-19?

No. Broad excusals to work from home, for modified duty or medical exemptions due to COVID-19 will not be provided for those who are pregnant or lactating, neither will exemptions from the vaccine. The utilization of preventative measures (masking, social distancing, washing hands) should be adhered to regardless of vaccine status. There are rare case-by-case situations where medical or employment exemptions are made; if you feel this is your case, please speak directly to your specialty provider.

VISITOR FAQ'S

When I am in the hospital, does my visitor need a COVID test or is vaccination required?

In a [letter](#) on August 12, 2021, the California Department of Public Health began mandating that hospitals require either proof of vaccination or a negative COVID test performed within 72 hours before each visit. Therefore, all visitors (includes support persons), minor dependents, or doulas must adhere to this requirement when entering the hospital. When visitors arrive at the hospital, Guest Services Screening will be checking for one of the following upon entry:

- **Proof of vaccination:** acceptable forms of proof are the CDC vaccination card, a picture of the CDC vaccination card on your phone or a digital vaccine card which you can obtain at this website (to obtain a vaccination, please go to this website for drop-in clinic times and locations at UCSF)
- **Copy of negative COVID test result:** Must be collected within 72 hours of entering the hospital and be an acceptable type of COVID-19 test (to obtain a COVID test, please go to this website for testing options)

When I am in the hospital, how many visitors am I allowed to have?

Currently, UCSF is at Visitation Level 3. At this level, the Birth Center allows one healthy visitor. Only one person (individual) allowed per calendar day. Doulas are allowed during the labor phase of admission only and are in addition to the one healthy visitor. Please click [here](#) for Inpatient Visiting Rules.

When I come to the clinic for appointments, how many visitors am I allowed to have?

- **General Visitation:** One healthy visitor

URL's for links in this message:

CDC statement on booster shots: <https://www.cdc.gov/media/releases/2021/s0818-covid-19-booster-shots.html>

CDC statement on travel during the pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

CDC travel recommendations by destination: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>

California DPH Letter to All Facilities: <https://www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/AFL-21-31.aspx>

Acceptable forms of proof of vaccination: <https://www.ucsfhealth.org/covid/covid-19-vaccination-screening-for-visitors-to-ucsf-health>

Digital vaccine card: <https://myvaccinerecord.cdph.ca.gov/>

UCSF Drop-in Vaccine Clinics: <https://www.ucsfhealth.org/covid/vaccine>

Acceptable types of COVID-19 tests: <https://www.ucsfhealth.org/covid/covid-19-vaccination-screening-for-visitors-to-ucsf-health>

COVID testing options: <https://sf.gov/find-out-about-your-covid-19-testing-options>

Inpatient Visiting Rules: <https://www.ucsfhealth.org/covid/visitor-restrictions-due-to-covid-19#inpatient>

UCSF Health Visitation During COVID-19: <https://www.ucsfhealth.org/covid/visitor-restrictions-due-to-covid-19>